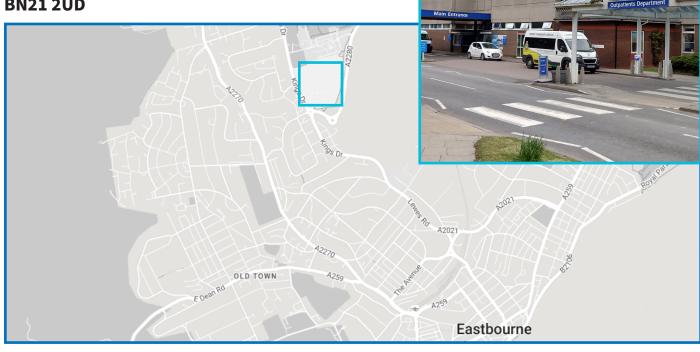


You will be visiting our MSK community clinic located at:

Eastbourne District General Hospital

Entrance F, Level 1 King's Drive East Sussex BN21 2UD





esht.esmskcontact@nhs.net

0300 131 5225 (option 2)

How to find us:

Physiotherapy is located at Entrance F (Outpatients Department) Level 1 of the hospital in Area D Outpatient Physiotherapy.

By train:

The closest stations are Eastbourne Station, 1.5 miles away, or Hampden Park Station, approx. 1 mile away.

By car:

There is a paid parking available, charged from £1.80 an hour. Otherwise, there is plenty of onroad parking but please be mindful that this is a residential area. The car park can be very busy and it is advised to take public transport where possible.

By bus:

Multiple bus routes run past the hospital. There is a sheltered stop near the outpatients entrance with buses stopping directly outside.

From Eastbourne town, Stagecoach services include the LOOP, 1A, 51, 54, 56, 98.