

East Sussex MSK Community Partnership

You will be visiting our MSK community clinic located at:

Conquest Hospital
The Ridge
St Leonards-On-Sea
East Sussex
TN37 7RD



<https://eastsussexmsk.nhs.uk>



esht.esmskhelp@nhs.net



0300 131 5225 (option 1)

How to find us:

Conquest Hospital is on the B2093, The Ridge

By train:

Hastings Station and Battle Stations are nearby, approximately 3 miles from the hospital.

By bus:

Several buses stop within short walks or outside of the hospital. 22A, 98, 99, 100, 101, 313 and 342 are all services stopping locally depending on your direction of travel, visit the Stagecoach website for more details.

By car:

When arriving at the main vehicle entrance the main public car park (pay on foot) is on the left. An additional car park is on the right next to the Richard Ticehurst Surgical Unit (pay and display). Patients or visitors may be taken to or collected from the main entrance at the drop off point, but cars cannot wait in these areas.