

You will be visiting our MSK community clinic located at:





esht.esmskhelp@nhs.net

0300 131 5225 (option 1)

How to find us:

By bus:

Several buses stop within short walks or outside of the centre.

By car:

There is a drop-off point and a public carpark nearby -Hastings Station Car Park.

Station Plaza Health Centre is a community health centre running multiple services, based within the same complex as East Sussex College Hastings and Hastings Train station

By train:

Hastings Station is 0.1 miles away, a three minute walk.