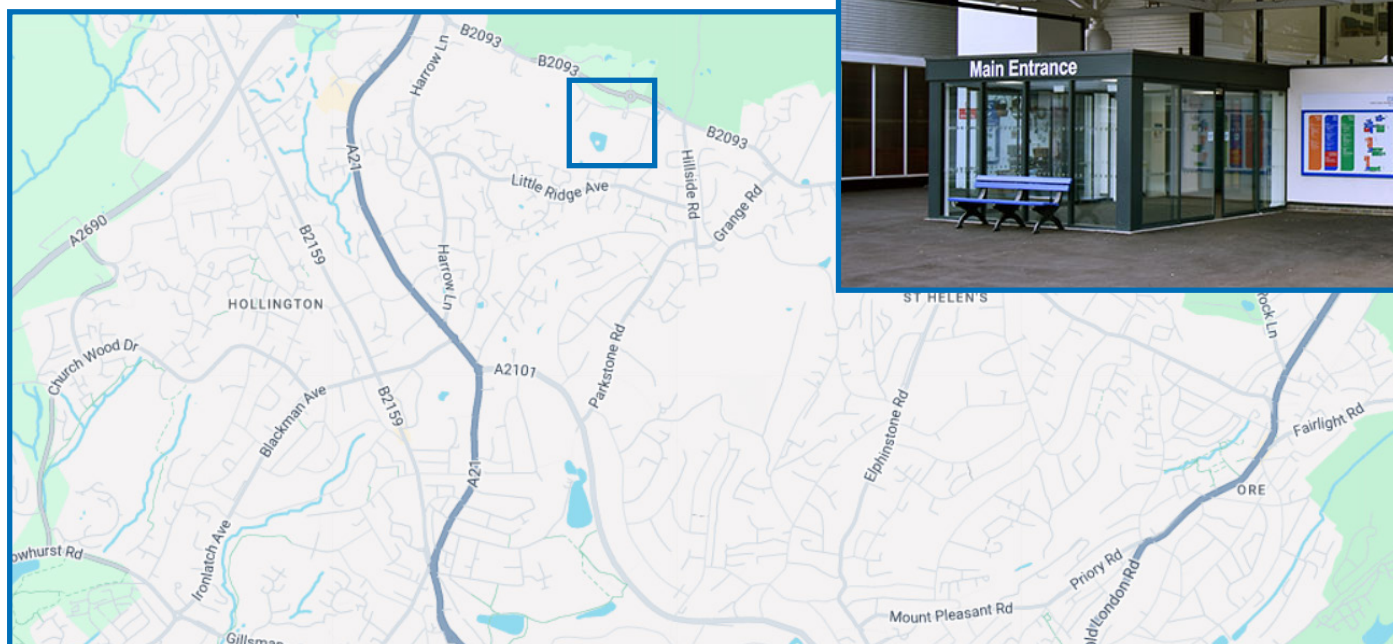


## East Sussex MSK Community Partnership

You will be visiting our MSK community clinic located at:

**Conquest Hospital**  
**The Ridge**  
**St Leonards-On-Sea**  
**East Sussex**  
**TN37 7RD**



<https://eastsussexmsk.nhs.uk>



[esht.esmskhelp@nhs.net](mailto:esht.esmskhelp@nhs.net)



**0300 131 5225 (option 1)**

### Google Plus Code:

VHP9+54 Saint Leonards-on-sea

### What3Words:

///belt.marble.vocal

### How to find us:

Conquest Hospital is on the B2093, The Ridge

### On arrival:

As you enter via the main hospital entrance turn left and then take the second right. You will need to go through the Pharmacy double doors. Please check in with the Receptionist (on the right hand side). The clinician will then call you through when available.

### By car:

When arriving at the main vehicle entrance the main public car park (pay on foot) is on the left. An additional car park is on the right next to the Richard Ticehurst Surgical Unit (pay and display). Patients or visitors may be taken to or collected from the main entrance at the drop off point, but cars cannot wait in these areas.

### By bus:

Several buses stop within short walks or outside of the hospital. 22A, 98, 99, 100, 101, 313 and 342 all stop locally depending on your direction of travel, visit the Stagecoach website for more details.

### By train:

Hastings Station and Battle Stations are approximately 3 miles from the hospital.