

Does your patient have a problem that affects their bones, joints or muscles?

Your East Sussex MSK service is here!

Referring over eRS: (Easily find us via 'Organisation or Site Name' searching 'Ivy House')

ESMSK Orthopaedics - A&G/Triage - East Sussex Healthcare Trust RXC (select specialty e.g. hip, knee)
ESMSK Orthotics Triage - East Sussex Healthcare Trust RXC
ESMSK Pain Management - Triage - East Sussex Healthcare Trust RXC
ESMSK Pelvic Health - Triage - East Sussex Healthcare Trust RXC
ESMSK Physiotherapy - Depends on referral source. Contact us for more details.
ESMSK Podiatry - Triage - East Sussex Healthcare Trust RXC
ESMSK Rheumatology - A&G/Triage - East Sussex Healthcare Trust - RXC

Useful Links:

Resources, inclusion / exclusion criteria
& information for clinicians:
eastsussexmsk.nhs.uk/health-professionals/

Physiotherapy Self-Referral:
eastsussexmsk.nhs.uk/gethelp

Follow our socials:

-  @ESMSKCP
-  @East Sussex MSK Community Partnership
-  @EastSussexMSK

Contacting Us:

Hastings & Rother practices:
Call **0300 131 5225** selection option 1 or
email esht.esmskhelp@nhs.net

High Weald, Lewes & Havens or
Eastbourne, Hailsham & Seaford practices:
Call **0300 131 5225** selecting option 2 or
email esht.esmskcontact@nhs.net

*Phone lines are open Monday - Thursday
08:00 - 18:00 and 08:00 - 17:00 Fridays.
Lines are closed between 12:00 - 14:00 daily.
We are closed bank holidays.*