

Does your patient have a problem that affects their bones, joints or muscles?

Your East Sussex MSK service is here!

Referring over eRS: *(Easily find us via 'Organisation or Site Name' searching 'Ivy House')*

ESMSK Orthopaedics - A&G/Triage - East Sussex Healthcare Trust RXC *(select specialty e.g. hip, knee)*

ESMSK Orthotics Triage - East Sussex Healthcare Trust RXC

ESMSK Pain Management - Triage - East Sussex Healthcare Trust RXC

ESMSK Pelvic Health - Triage - East Sussex Healthcare Trust RXC

ESMSK Physiotherapy - Depends on referral source. Contact us for more details.

ESMSK Podiatry - Triage - East Sussex Healthcare Trust RXC

ESMSK Rheumatology - A&G/Triage - East Sussex Healthcare Trust - RXC

Useful Links:

Resources, inclusion / exclusion criteria
& information for clinicians:

eastsussexmsk.nhs.uk/health-professionals/

Physiotherapy Self-Referral:

eastsussexmsk.nhs.uk/gethelp

Contacting Us:

Hastings & Rother practices:

Call **0300 131 5225** selection option 1 or
email esht.esmskhelp@nhs.net

High Weald, Lewes & Havens or

Eastbourne, Hailsham & Seaford practices:

Call **0300 131 5225** selecting option 2 or
email esht.esmskcontact@nhs.net

Phone lines are open Monday - Thursday

08:00 - 18:00 and 08:00 - 17:00 Fridays.

Lines are closed between 12:00 - 14:00 daily.

We are closed bank holidays.

Follow our socials:

 [@ESMSKCP](#)

 [@East Sussex MSK Community Partnership](#)

 [@EastSussexMSK](#)