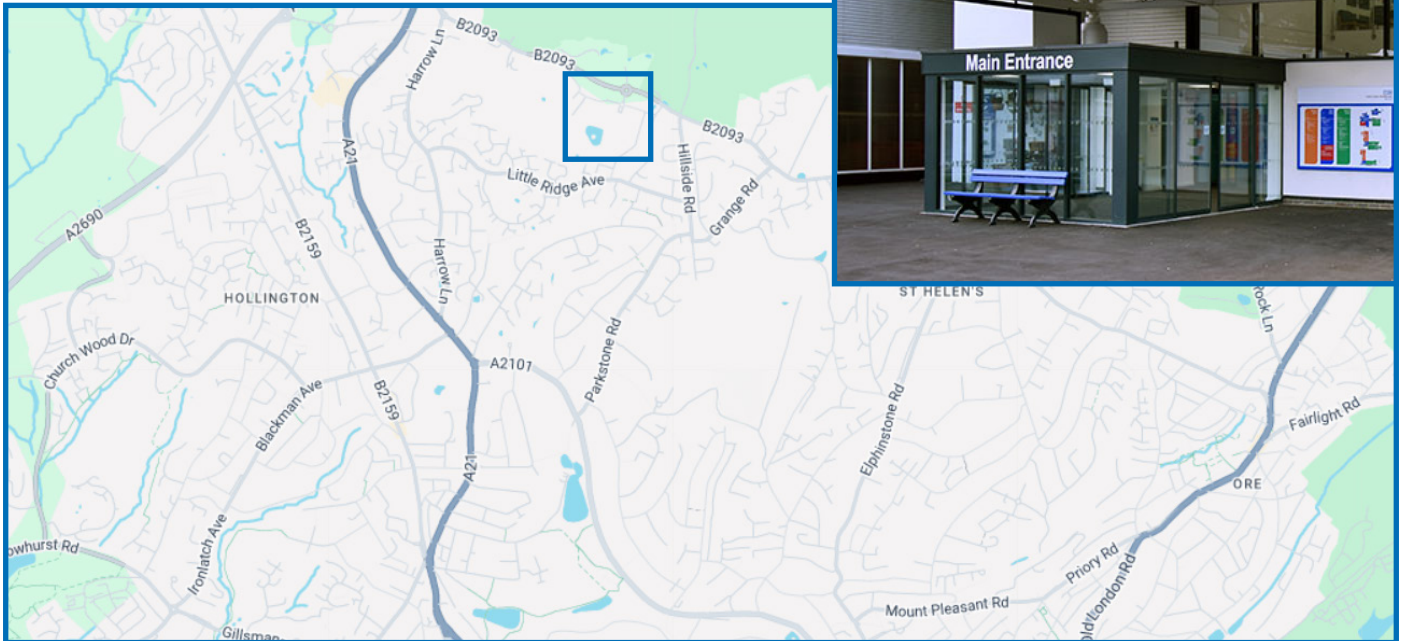


East Sussex MSK Community Partnership

You will be visiting our MSK community clinic located at:

Conquest Hospital
The Ridge
St Leonards-On-Sea
East Sussex
TN37 7RD



<https://eastsussexmsk.nhs.uk>



esht.esmskhelp@nhs.net



0300 131 5225 (option 1)

How to find us:

Conquest Hospital is on the B2093, The Ridge

On arrival:

Enter via the main entrance, turn left and then take the second right. You will need to go through the Pharmacy double doors. Check in with the Receptionist (on the right hand side). The clinician will then call you through when available.

What3Words:

`///belt.marble.vocal`

By car:

There are two paid car parks available to visitors. These can be very busy. Visitors may also be taken to or collected from the main entrance at the drop off point, but cars cannot wait in these areas.

By bus:

Several Stagecoach and local services stop outside of the hospital at "Conquest Hospital", "Ark Helenswood Academy Grounds" or "Hastings Driving Test Centre" bus stops.

By train:

Hastings Station and Battle Stations are approximately 3 miles from the hospital. These are connected by local Stagecoach and bus services including the 100, 101 wave, 321 and 323.