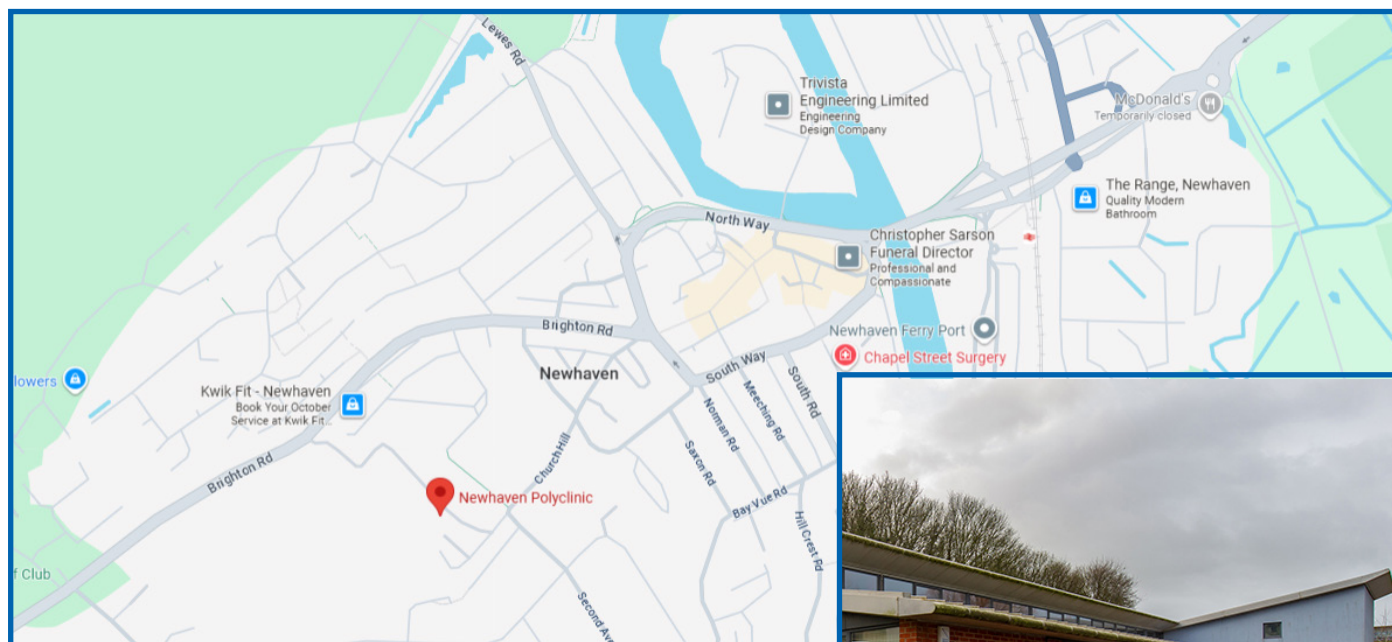


# East Sussex MSK Community Partnership

You will be visiting our MSK community clinic located at:

**Newhaven Polyclinic**  
**Church Hill,**  
**Newhaven, East Sussex,**  
**BN9 9HH**



[www.esht.nhs.uk/service/physiotherapy](http://www.esht.nhs.uk/service/physiotherapy)



[esht.mskphysiohelp@nhs.net](mailto:esht.mskphysiohelp@nhs.net)



0300 131 4770

## How to find us:

If arriving via Church Hill please enter the 1st building (opposite the car park) and report to reception.

## What Three Words:

[///squaring.paid.blame](https://www.threewords.com/squaring.paid.blame)

## By car:

There is free parking on-site and disabled access at the site.

## By bus:

Multiple bus routes serve the clinic. "Kwik Fit Centre" stop is a short walk away, and the 12, 12a, 14 and 14c Stagecoach services stop here as well as some local services.

## By train:

Newhaven Town train station is just under one mile away by foot, or connected by buses.