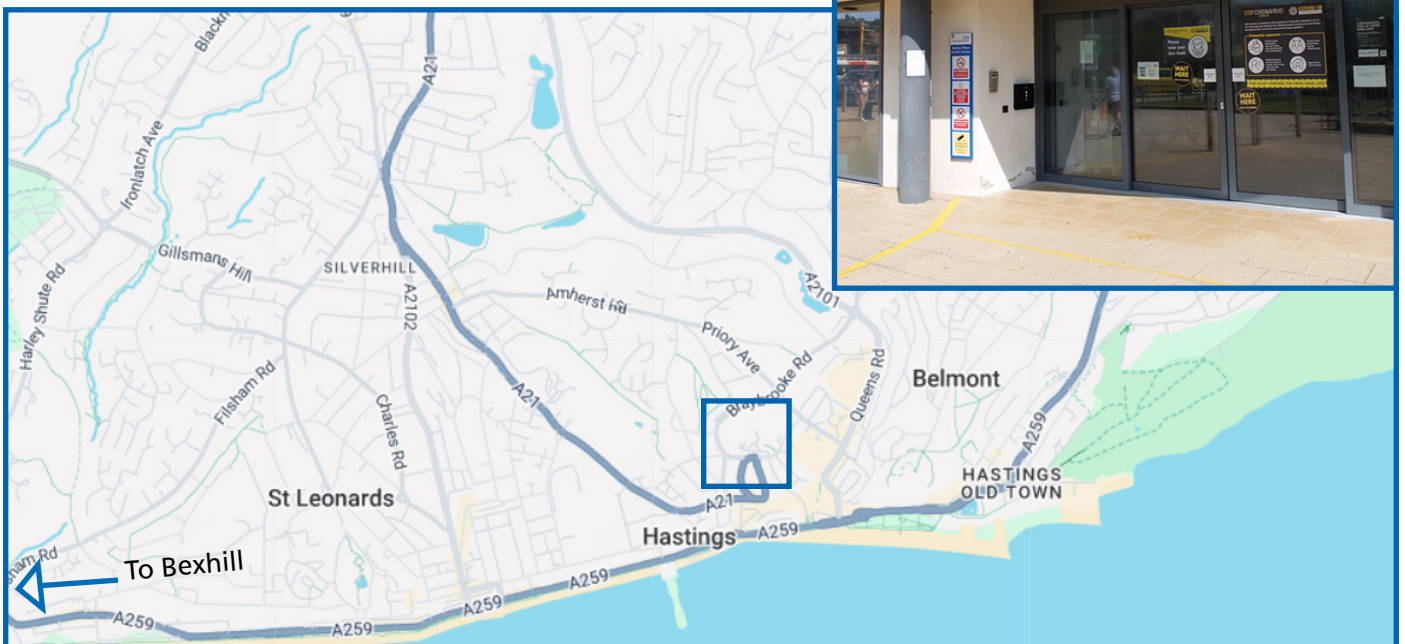


East Sussex MSK Community Partnership

You will be visiting our MSK community clinic located at:

Station Plaza Health Centre
Level 1, Station Approach
Hastings
East Sussex
TN34 1BA



<https://eastsussexmsk.nhs.uk>



esht.esmskhelp@nhs.net



0300 131 5225 (option 1)

What3Words:

///organ.stored.rises

How to find us:

Station Plaza Health Centre is a community health centre running multiple services, based within the same complex as East Sussex College Hastings and Hastings Train station

On arrival:

Please make your way to Level 1 via the stairs/lift. On reaching the 1st Floor, please then take a seat in one of the chairs marked 'MSK' (to your right as you exit the stairs/lift). The clinician will then call you through when available.

By car:

There is a drop-off point and a public carpark nearby - Hastings Station Car Park.

By bus:

Several buses stop within short walks or outside of the centre.

By train:

Hastings Station is 0.1 miles away, a three minute walk.