

# East Sussex MSK Community Partnership

You will be visiting our MSK community clinic located at:

**Havens Health  
Anchor Healthcare Centre  
Meridian Way  
Peacehaven  
BN10 8NF**

**what3words:**  
///unity.brands.shrubbery



<https://eastsussexmsk.nhs.uk>

[esht.esmskcontact@nhs.net](mailto:esht.esmskcontact@nhs.net)

**0300 131 5225 (option 2)**

## How to find us:

If approaching from South Coast road, take the roundabout to Sutton Ave. Then, turn in just before Sutton Ave. becomes Roderick Ave. to find the recommended car park.

## By car:

There is some limited on-site parking and two disabled parking spaces. Free parking can also be found opposite the surgery, near the 'Meridian Centre' bus stop - highlighted above.

When you enter the building, please go to the second floor "**Green Waiting Room**". Our clinician will call you through when ready. A lift and toilets are available on this floor.

## By bus:

The 'Meridian Centre' stop is located just outside the surgery, and is served by the 12, 14, 14B and 14C Brighton & Hove buses, as well as local services.

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